

Subject: Fwd: Silent Announcements for Jan. 15

From: "Dennis J. Darland" <thethinker@dennisdarland.com>

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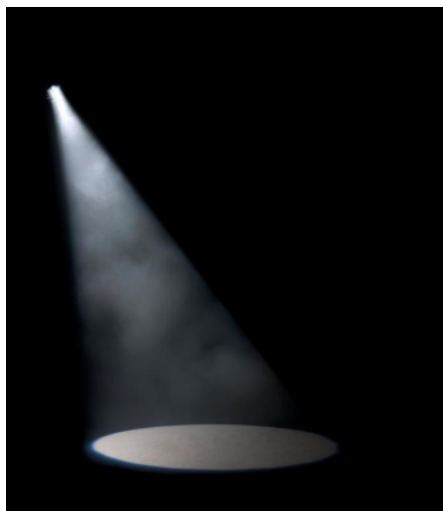
To: bones bones <bonesbonesbones@dennisdarland.com>

Your weekly Silent Announcements lets you see at a glance upcoming events at the Unitarian Universalist Congregation of the Quad Cities.

*(Note: This is only a partial list of upcoming events at UUCQC.
A full calendar can be found at uucqc.org.)*

Weekly Silent Announcements for Jan. 15

Spotlights



Schedule Sunday Spotlights through Rev. Jay

Going forward, spotlights for Sunday services should be scheduled with Reverend Jay (minister@uucqc.org)

Thank you to Amanda for coordinating Spotlights in his absence!

Office hours



Rev. Jay is back in the office

Jay's office hours will be:

Tuesday 2-5 p.m.

Wednesday 9 a.m.-1 p.m.

Thursday 2-5 p.m.

(Mondays are Jay's day off. Friday are Jay's study days.)

Rev. Jay is also available by appointment. Call 563-359-0816
or email minister@uucqc.org.

UUCQC Office Hours:

Monday-Thursday*, 9 a.m. - noon (or by appointment)

Amanda (office@uucqc.org), Jane (administrator@uucqc.org).

(*Please note that the office is closed on Fridays.)

Silent Announcement submission deadline:

Every Wednesday at 10 a.m.

Email administrator@uucqc.org

*New monthly newsletter deadline:

The 20th of every month (Next deadline: Jan. 20)

Email administrator@uucqc.org

This weekend



**Sunday, Jan. 15
10 a.m.**

**Social Justice
Celebration Sunday:**



Journey to Racial Justice

Through skits, music, video, dance and lessons we will explore where we have come from and where we still need to go on our journey towards racial justice.

Potluck to follow after service.

Week of Jan. 15

**Office closed
Monday, Jan. 16
for Martin Luther King, Jr. Day**

The office will reopen on Tuesday, Jan. 17 at 9 a.m. Please check in with us then!



Wednesday @ 9 a.m. (Meg)

Yoga every weekday @ UUCQC

Did you know UUCQC hosts yoga every weekday in the Community Room? Walk-ins are welcome. Cost is \$8 per class.

Monday @ 11 a.m. (Meg)

Tuesday @ 10:30 a.m. (Sharon)

Thursday @ 9 a.m. (Ashley)

Friday @ 11 a.m. (Meg)

**Zen Meditation
Monday, Jan. 16
7 p.m.
Community Room**

Mindfulness Meditation
Tuesday, Jan. 17
5:30 p.m.
Sanctuary

Week of Jan. 22

Sunday, Jan. 22
Forum returns
Two services at 10 a.m. and 11:15 a.m. resume

Forum

10 a.m.

Mental Health Care Update for Quad Cities

Ken Croken, chief marketing officer of Genesis Health System

Ken will do an update on what has happened on this topic since his last presentation.

Service

10 a.m. & 11:15 a.m.

Prophecy

Rev. Jay Wolin

What does it mean to be a community of prophecy in our world today? As a community that encourages diversity, what are the challenges of speaking with a prophetic voice?

Zen Meditation
Monday, Jan. 23
7 p.m.
Community Room

Mindfulness Meditation

Tuesday, Jan. 24
5:30 p.m.
Sanctuary

Saturday, Jan. 28
6:30 p.m.
Social Hall

Lesbian Book Club
Game Night

Looking ahead



Sunday, Jan. 29

Forum @ 10 a.m.
Lounge

Services @ 10 & 11:15 a.m.
Sanctuary

It Starts with a March

Lay Worship Leaders: Kathy Bowman & Thia Sadlek

Join us for a celebration of the women and their daughters from our congregation who participated in the Women's March Washington on Jan. 21 to, among other things, demonstrate women's rights are human rights and diversity in our unity makes our democracy stronger. Hear their inspiring stories of why they marched, how they were personally changed by the march, and what they hope to do to continue to keep marching their UU values into action in the world.

Save the dates!

Saturday, Feb. 11

Valentine Dance

Saturday, Feb. 18

Guatemalan Dinner to raise funds for Guatemala Home-Building Trip

Saturday, March 4

Day of Mindfulness with Jack Lawlor

Register online at meditationqc.org

Saturday, March 25 (One night only!)

Coffee House & Silent Auction

(If you're interested in volunteering or donating an item or service, please contact Jane at administrator@uucqc.org)

UUCQC | 563-359-0816 | administrator@uucqc.org | UUCQC.org

STAY CONNECTED:



Unitarian Universalist Congregation of the Quad Cities,
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