

Subject: Silent Announcements for 20170305

From: "Dennis J. Darland" <thethinker@dennisdarland.com>

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To: bones bones <bonesbonesbones@dennisdarland.com>



Weekly Silent Announcements for March 5

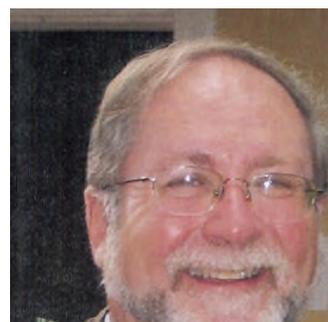
Your weekly Silent Announcements lets you see at a glance upcoming events at the Unitarian Universalist Congregation of the Quad Cities.

(Note: This is only a partial list of upcoming events at UUCQC.
A full calendar can be found at uucqc.org.)

This weekend

Saturday, March 4
9 a.m. - 4:30 p.m.

Socially Engaged Mindfulness:



A Day of Mindfulness

with Jack Lawlor

What do contemplative practices like sitting meditation and walking meditation offer a world in need of action? What can lay people who include meditation, prayer and spiritual community in their daily lives contribute to the growing manifestations of anger, fear and demonization around us?



On March 4, Dharma Teacher Jack Lawlor will lead a Day of Mindfulness at UUCQC, in partnership with Prairie River Sangha. Lawlor will explore these themes in a program which includes instruction in meditation in the tradition of Ven. Thich Nhat Hanh, sitting and walking meditation in silence, a silent lunch, and mindful discussion of the role of spirituality in these challenging times.



Sunday, March 5

Service*
10 a.m.

**(*One service only;
Potluck to follow)**

There Is Music in the Air

(Special Intergenerational Music Service)

Rev. Jay Wolin

Music affects us in a way that words do not. Please join us as we all gather in one service with great and diverse music from all ages for all ages. This service is followed by a potluck.

Sunday, March 5
5:30 - 7 p.m.
Sanctuary

UU Drum Circle

We gather to drum in our UU



Drum Circle with others from the surrounding community. The circle offers equality; there is no head or tail. It includes people of all ages.



The main objective is to share rhythm and get in tune with each other and ourselves. A new voice, a collective voice, emerges from the group as we drum together.

We invite everyone to bring your drums and rattles. Extras are waiting, should you need one! It is open to all with a special invitation to children and their parents.

Week of March 5



Photo courtesy Quad City Times

**Tuesday, March 7
11:30 a.m.**

**WOW (lunch + casual conversation)
@ Trattoria Tiramisu,
Bettendorf**

WOW, a lunch gathering for any and all, will take place Tuesday, March 7 at 11:30 a.m. for lunch and conversation at **Trattoria Tiramisu**,

1804 State St., Bettendorf. A complimentary drink (of any kind) is waiting for any first timers.

Contact **Connie Meyer 309-794-9677** or **Jackie Erikson jdherikson@aol.com**



**Tuesday Night Conversation
March 7 @ 6:45 p.m.
Lounge**

Soul Matters (1st Tuesday)



Weekly T'ai Chi Ch'uan Class starting at UUCQC on Tuesday nights

**First class:
Tuesday, March 7
7 p.m.
Community Room**

Scott Caulpetzer of Great River T'ai Chi Ch'uan will lead a T'ai Chi Ch'uan class on Tuesday nights in our Community Room. Scott has practiced tai chi for 45 years.

- Class fee is \$30 per month.
- Classes are held Tuesdays at 6:30 p.m.
- Participants must register in advance. (This is not a drop-in situation.)

"Tai chi is sometimes described as meditation in motion since it promotes serenity through gentle movements that connect the mind and body, according to the Mayo Clinic website. It originally was developed in China as a form of self-defense, but it has evolved into a graceful form of exercise to reduce stress and help with many health conditions, including arthritis," according to an article by Deirdre Cox Baker, *Quad City Times*.

Contact Amanda at office@uucqc.org or 563-359-0816 for questions or to sign up.

**Wednesday, March 8
7 p.m.
Sanctuary**

Guitar Jam/Learning Sessions

Attention Guitar Players,

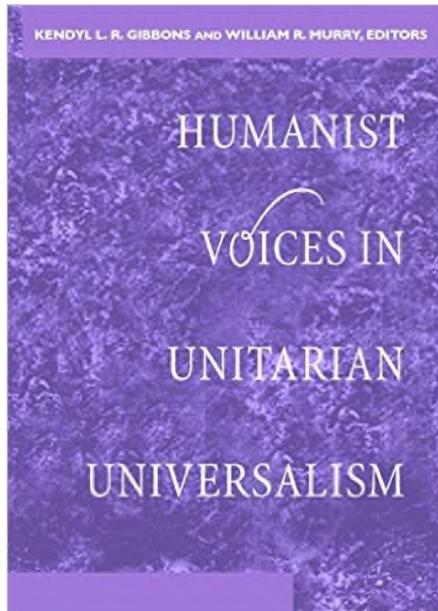
Let's get together and play some tunes, learn from each other and have some fun. We will start with some Beatles classics and see where it leads us.

A couple of people have requested instruction on playing "Blackbird," so we will surely include that classic song. First meeting will be Wednesday, March 8, 7 p.m.

Please call, text or email Doug McCollum if you are interested or have questions:



309-235-8386 or ldmcdog@mchsi.com



**Thursday, March 9
7 p.m.**

Happy Human Book Club

The Happy Human Book Club discusses printed materials and videos from the non-theist worldview. You are welcome to participate on Thursday, March 9 at 7 p.m. when we will discuss "Humanist Voices in Unitarian Universalism" by Kendyl L.R. Gibbons (author, editor) and William R. Murry (editor).

It is available in [paperback](#) and [Kindle](#) versions.

In April, we will watch a video. We are working on an All Church Read for May.

For the meeting, RSVPs are not required, but appreciated. Karen Fowler's contact information is in the directory, or contact the office at office@uucqc.org.

Anyone who is on Facebook is welcome to join the private Facebook group "Happy Human Book Club of the Quad Cities." To join, (1) send a Friend request to Karen Fowler, then (2) message Karen that you want to join.

**Thursday, March 9
7 p.m.
Sanctuary
Social Justice Team meeting**

**"First they came for the Socialists, and I did not speak out --
Because I was not a Socialist.
Then they came for the Trade Unionists, and I did not speak out --
Because I was not a Trade Unionist.
Then they came for the Jews, and I did not speak out --
Because I was not a Jew.
Then they came for me-and there was no one left to speak for me."**

-- Martin Niemöller (1892-1984)

In a recent letter to UU ministers, the Rev. Peter Morales, president of the

Boston-based Unitarian Universalist Association (UUA) issued a call for congregations to prepare to provide sanctuary and resist.

He wrote, in part, "First, we must provide sanctuary in the broadest and richest sense of the term ... We must provide sanctuary to those most vulnerable ... Second, we must prepare to resist human rights violations in active ways. We must make it much harder to deport, register, discriminate and despoil."

The Social Justice Team of the UUCQC is planning to address this call from Reverend Morales by forming a study group to examine what actions are possible, morally defensible, and practical by our congregation.

We will hold a meeting on Thursday, March 9 at 7 p.m. to begin this process. The meeting will be held in the Sanctuary (where else?) and all are welcome.

Donations for Silent Auction

Coffee House & Silent Auction coming on March 25

Donations of Silent Auction items, theme baskets, services, or monetary donations needed!

UUCQC's Coffee House and Silent Auction fundraiser event will take place one night only, Saturday, March 25.

We need your donations of estate-quality items, which could include single larger items, theme baskets, services (babysitting, cleaning, car wash, etc.), gift certificates, even a bottle of wine (For a "wine pull." Here's how it works: Participants donate \$20 the night of the event, they pull a number, and take home a donated bottle of wine with that number worth up to ??).

If you don't want to pick up and assemble items, feel free to make a monetary donation (note "Silent Auction" on cash or check), and we'll pick up items for you!

Silent Auction donation forms will be available in the foyer. Contact Amanda office@uucqc.org or Jane administrator@uucqc.org with ideas and questions.



Sign up for a photo session

New UUCQC Directory: Sign up for a photo session!

Be a part of our new directory! UUCQC is partnering with Lifetouch for professional photography, and we'd like to include everyone.



You'll sign up for a photo session, immediately view your portraits, and have the opportunity to purchase photo gifts if you wish. Invite your friends and family too. Generation portraits are welcome.

Each person or family who participates will receive a FREE 8x10 and a FREE directory.

Available dates are:

Thursday, April 6 (2 - 8 p.m.)

Friday, April 7 (2 - 8 p.m.)

Saturday, April 8 (10 a.m. - 4 p.m.)

Sunday, April 9 (12 - 4 p.m.)

Sign up for an appointment online [here](#), call the office at 563-359-0816 or sign up after Sunday services.

Help us Feed the Need: If you bring in one non-perishable food item, you'll receive a \$5 "thank you" portrait coupon from Lifetouch.

Kitchen Housekeeping



Pick up your container!

Howdy from the Welcome Team! A number of kitchen items, possibly from recent potlucks, have been left in our kitchen. Unfortunately, we do not have storage space for these extra items. All of the items are on a round table in the Social Hall. Please take a moment on Sunday to peruse the table to check for your missing items. **Any unclaimed items will be**

donated to the Rummage Sale. Thank you all!

Week of March 12

Sunday, March 12

Forum
10 a.m.

Services
10 a.m. & 11:15 a.m.

What Does It Mean to Be a Community of Risk?

Rev. Jay Wolin

What risks are we willing to take to implement our Vision and Mission as a Congregation? Are we willing to risk being vulnerable to get to know each other and ourselves more deeply? Are we willing to risk our comfort or freedom in the name of justice? What are the risks of being committed to our Unitarian Universalism?



Tuesday Night Conversation
March 14 @ 6:45 p.m.

Videos That Inform
Us (2nd Tuesday)

(Postponed from Feb. 14)

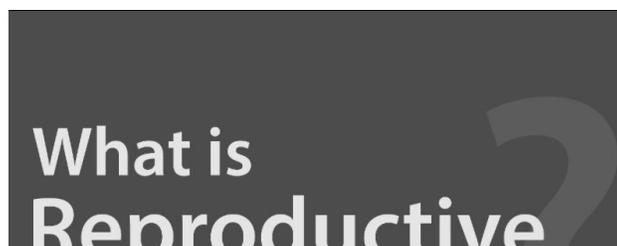
We will watch a presentation by Radhanath Swami and follow that up with a heartfelt conversation.

Radhanath Swami has been a Bhakti Yoga practitioner for more than 40 years, and is one of today's most beloved and respected spiritual teachers. He is a guide, community builder,

activist, and acclaimed author.

Rooted in his study of ancient India's mystic devotional, Radhanath's message is simple: by cultivating a genuine practice of service, we can become instruments of compassion and agents of sustainable change in the world.

Saturday, March 18
9:30 a.m.
Social Hall



Reproductive Justice Team Organizational Meeting

The Reproductive Justice Team will have an organizational meeting on March 18 at 9:30 a.m. in the Social Hall at UUCQC. Please read the following UU statement and come for a light breakfast and a great discussion of what our focus will be. We need your ideas, and would appreciate an RSVP. Please contact Elaine Kresse if you plan to attend. We hope you decide to join us. elainekresse2@gmail.com or 563-320-3325

What is Reproductive Justice?

Two Things Every UU Should Know About Reproductive Justice

1. "Reproductive justice" has a broad agenda, and is different than "reproductive rights".

The understanding of reproductive justice has evolved over time, and there is no universally accepted definition. However, all definitions recognize that the need for access to resources goes far beyond abortion alone. These four principles are accepted by many as representative:

- People have a right to have children.
- People have a right *not* to have children.
- People have a right to raise their children in safe and healthy environments.
- People have a right to health and self-determination regarding their bodies and sexuality, free from oppression and shame.

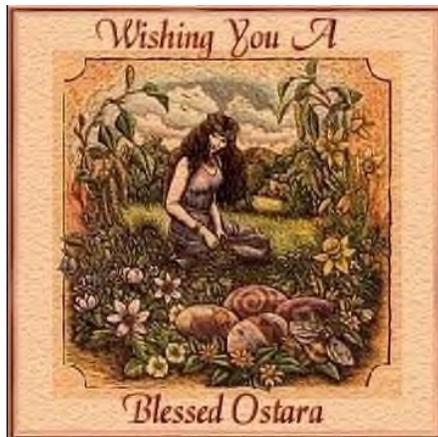
Notably, reproductive justice is not simply a different phrase that is interchangeable with reproductive health or reproductive rights, and nor is it intended to replace these concepts. Instead, reproductive justice is a framework created by women of color that combines the fields of reproductive rights, social justice, and human rights. It is grounded in the particular experiences, values, priorities, and leadership of women of color.

2. Reproductive justice has a different approach.

It's not enough to focus on reaching a set of end goals through any means possible. Instead, our approach must reflect the world we are trying to create. This includes:

- Constantly talking about the impact our personal identities (including race, gender, gender identity, sexual orientation, wealth, etc.) have on our viewpoints and actions. In order to successfully change the culture, we must be open to growth and change ourselves.
- Centering the marginalized. Changing structures of power means that leadership must come from the groups most affected by the denial of access to rights and resources, including women and people of color,

- people struggling to make ends meet, and young people.
- **Intersectionality.** The work must be intersectional, which means engaging multiple identities and building coalitions rather than trying to keep people and issues confined in separate boxes. Changing structures of power requires that we view identities as linked and formulate solutions that are based on collaboration and solidarity.



Saturday, March 18
5:30 p.m.
Sanctuary

Ostara Ceremony & Potluck

Ostara the Germanic Goddess heralds the beginning of spring. She is the Maiden Goddess, full of potential, representing the opportunity of growth and rebirth after the stagnation of winter.

At Ostara, a time of new beginnings and rebirth, let yourself let go of those feelings

that there is a "right" way to honor the seasons and deity and allow yourself to find the simple ways to celebrate each day.

Really take notice of the changes happening around you in nature. Take note of the fact that darkness is falling later each day. Pay attention to the birds that land in your yard - are the robins out yet? Say a little prayer of thanks for warmer days, the beginning of the growing season and start looking forward to all those wonderful spring and summer foods that are coming!

Please join us on Saturday, March 18, for ceremony and discussion. Community Potluck will be held immediately following. We encourage all who plan to attend our potluck to bring your own place settings. This is one small way we can honor Mother Earth by cutting down on waste.

To arrange for child care at UUCQC, email Sarah Moulton at redirectoruu@gmail.com by March 15.

Questions: Email Ed Mueller ejmueller3@gmail.com or Gale Springer springer.gale@yahoo.com

The purpose of UUCQC's Earth-based Traditions Team is to provide spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Complete your pledge online

Online pledging now available

UUCQC has served the Quad City area and beyond for nearly 150 years. We need your support to continue:

- Facilitating the responsible search for truth and meaning
- Standing up for social justice
- Creating a safe space for free thinkers
- Providing a means to explore a variety of religious traditions
- Embracing one another's individual spiritual paths

To save paper and postage costs, we're moving pledging online.

Go to <http://www.uucqc.org/pledge> to enter your pledge for 2017-18. Pledge cards will also be available for pick up at the congregation. Thanks for your support!

Office Hours

UUCQC Office Hours:

Monday-Thursday*, 9 a.m. - noon (or by appointment)

Amanda (office@uucqc.org), Jane (administrator@uucqc.org).

(*Please note that the office is closed on Fridays.)

Rev. Jay's Office Hours:

Tuesday 2 - 5 p.m.

Wednesday 9 a.m. - 1 p.m.

Thursday 2 - 5 p.m.

(Mondays are Jay's day off. Friday are Jay's study days.)

Rev. Jay is also available by appointment. Call 563-359-0816 or email minister@uucqc.org.

Silent Announcement submission deadline:

Every Wednesday at 10 a.m.

Email administrator@uucqc.org

*New monthly newsletter deadline:

The 20th of every month (Next deadline: March 20)

Email administrator@uucqc.org

STAY CONNECTED:



Unitarian Universalist Congregation of the Quad Cities,
3707 Eastern Avenue, Davenport, IA 52807

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