

Subject: News UU Can Use ...

From: Unitarian Universalist Congregation of the Quad Cities <office@uucqc.org>

Date: 3/25/2020, 1:00 PM

To: thethinker@dennisdarland.com



UU NEWS

MARCH 25

1868 - 2020

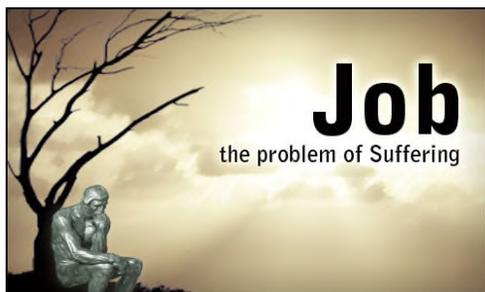


Your weekly UU News lets you see at a glance upcoming events at the UUCQC.

*Please note: This is only a partial list of upcoming events. A full calendar can be found at www.uucqc.org

VIEW SITE

WE ARE STILL HAVING SERVICE - VIRTUALLY!



NEXT SUNDAY @ 10 AM

April 5

"The Slide Towards Fascism"

Rev. Jay Wolin

The Principles of Unitarian Universalism include the use of the democratic process in the society at



THIS SUNDAY @ 10 AM

March 29

"Why Job"

Rev. Jay Wolin

Today I will explore The Book of Job from the Hebrew Scriptures. The story asks the basic questions of why do people suffer and how we obtain wisdom? The most curious question I had is why is this story in the Scriptures? The writer Virginia Woolf wrote in her journal "I read the Book of Job last night -- I don't think God comes well out of it." Please join me for a journey that questions moral authority and power.

Please connect through Zoom via computer, app or phone

Topic: Online Worship - Why Job?
Time: Mar 29, 2020 09:30 AM Central

Please connect through Zoom via computer, app or phone

<https://uuma.zoom.us/j/112081914>
Meeting ID: 112 081 914

Phone In: 1 312 626 6799 US (Chicago)
We will open the zoom room at 9:30 AM and give brief instructions on how to operate within zoom. If you need help accessing zoom, please contact Rev. Jay Wolin. This week we encourage you to stay after service and we will have a virtual coffee hour. There is a way to break out into small groups on zoom. We hope to continue to add online programming for small group discussion, adult religious education and just virtual connecting. Stay tuned for more information.

large and liberty for all. Today I will look at how our world after years of moving towards a more open democratic society has started to shift to more authoritarian governments throughout the world. Why has this happened? Do we have to worry here in America as our rights have over time continue to diminish?



Topic: Online Worship
Time: April 5, 2020 09:30 AM Central

Please connect through Zoom via computer, app or phone

<https://uuma.zoom.us/j/112081914>
Meeting ID: 112 081 914

Phone In: 1 312 626 6799 US (Chicago)

FROM THE HEART

OF THE MINISTER



Slowing Down and Zooming Ahead

We are living in uncertain times. Let us acknowledge that. I know I have never experienced anything quite like this in my lifetime. In addition to the fear of the virus, intentional social distancing is a strange phenomenon. When I have ventured out, whether to walk my dog or go to the congregation to collect the mail and prepare for service, it is like a ghost town. There are few cars on the road and very few people walking around. On a positive note, our custodian Jeff is thrilled that he will have some unrestricted time to do repairs and maintenance in the building without having to worry about disturbing programming.

Fear is a normal emotion in a time of great uncertainty. The question is how do we react to fear? We have stopped in person activities as a precaution, not only to keep each of us individually healthy, but to make sure that we do not accidentally transit the disease to those who are most at risk. This self distancing is a caring, loving, selfless act. Still, it can be difficult. For those with children, I imagine it can be challenging being cooped up all day long without much outside support. Others I imagine are worrying how to care for your children if you have to work. If you have not already joined our UU RE Village Facebook group please do so. Our Director of Children and Youth Religious Education, Aubrey Ryan has been posting videos and other information for families.

For others who may be alone, I imagine it may be a lonely time. Although we may not be able to meet in person it is important to stay connected with others. If you need someone to connect with please contact me at minister@uucqc.org (or call, text or Facebook message me) or the pastoral care team at care@uucqc.org. We are currently intentionally trying to reach out to people who we know who may not be connected with technology. Each of us though can communicate and connect with someone just to check in.

If you are in a high risk category, and you need an errand run, or something picked up from the store, please let us know. We have people who are in lower risk categories who are willing to help. That is what we do for each other in community. We help each other through hard times. If you are someone who is not in a high risk category and can help with errands please contact pastoral care at care@uucqc.org

I know for some there is uncertainty about how long they will have employment as business' close down or lay people off. Uncertainty about how bills will get paid, and what the government's response actually will be to ease that burden. There is no certain answer for this right now. We have a very small discretionary fund to help members in need. It may not be much, but I know every little bit helps. The larger community has a number of resources that are helping local residents. We will strive to keep you apprised of those.

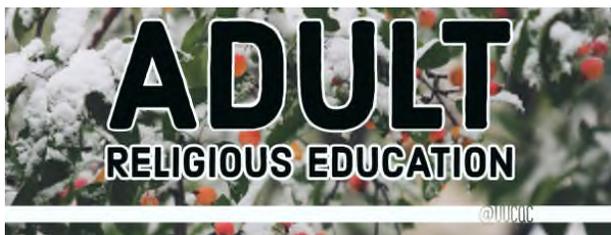
So how can we react in this time of self distancing, fear and uncertainty:

- First and foremost I invite you to take a deep breath. Just slowing down and breathing can calm our mind and body.
- I invite you to use this time if at all possible to slow down. To use this time for reflection as to what and who is important in your life.
- I invite you to use this time to rest and stay healthy. Many of us care for others. It is important that we stay as healthy as possible so we can continue to be there for others if this continues for any elongated length of time.
- I invite you before making any critical decisions, to take some time to discern with someone who knows you that you trust. In stressful times, we often do not always see all our options.
- I invite you to use this time to learn something new. Perhaps something that you have said you wanted to do for a long time.
- I invite you to continue or to take up a spiritual practice to remain spiritually healthy.
- I invite you to stay connected in whatever ways you can. Remember that you are not alone. We are all in this together and we are always stronger together than alone.

- I invite you to always act with love and compassion for all.

As we are slowing down, we are at the same time looking ahead and planning for the future. We are currently utilizing a video conferencing software called "zoom". I know this is new for many. Everything in life is everchanging. We do not know what the outcome or future will be, but we are all trying to learn to adapt to what we are facing. Let us continue to explore together and be open to the possibilities that present themselves. If you have any questions or if you just need someone to talk to, please do not hesitate to call. We are all here for each other.

with a grateful heart,
Rev. Jay Wolin



**Adult RE Virtual Meeting:
March 25th @ 7pm**

The Rules for Being Human

If Life is a Game, These Are the Rules:

When you were born, you didn't come with an owner's manual; these guidelines make life work better.

Although there's no formula to help you win the game of life, Dr Chérie Carter-Scott's rules for being human convey a universal wisdom that, once understood and embraced, can contribute to meaningful relationships with ourselves and others, at work and in the home.

Join Adult RE as we discuss The Rules for Being Human. We will meet via Zoom beginning at 7:00p and meet for one hour. Enter the Zoom Classroom by using THIS LINK:

<https://uuma.zoom.us/j/868517957>

Please feel free to read the following article to familiarize yourself with the content! We look forward to connecting with you!

March Connection Circle: What it means to be a people of Wisdom

Join Adult Religious Education as we discuss March's theme of what it means to be a people of Wisdom.

Our discussion packet can be found at: **<https://drive.google.com/file/d/1KI5nIVsYNXsvz8QR7bOXuM3VNiUPSjlo/view?usp=sharing>**

EXTRAORDINARY TIMES

Beloved Friends,

These are extraordinary times. As we each do our best to live our values and just make it day to day, the staff at the UUCQC continues to work for our community to provide us with virtual services, activities, and assurances. This work gives our children a sense of normalcy. This work provides us with the sense of connection that is not otherwise possible right now. This work ensures that the building and services will be available when we begin to return to our regular interactions and gather in joyful, beloved community in person. This work ensures that there is someone reaching out to us in our isolation.

This work is paid work.

In order to ensure these services, the Board of Trustees in conjunction with the Stewardship team is making a special, extraordinary request of you. We ask that you make a contribution to allow us to continue to pay these people - our Minister, Factotum, Director of Religious Education, Office staff, Child Care workers, and Music staff - so that they may meet their families' needs while they meet our families' needs. We do not currently have a surplus of cash on hand. We are losing income on building rentals, and having to postpone fundraisers, as well as our regular passing of the plate. We are asking for \$15,000 in order to live our principles of valuing each individual as part of an interconnected web of life. Please make a one time special contribution via a mailed check with "payroll" in the memo or via the PayPal linked Donate button at www.uucqc.org

In the warmth of love,

Board of Trustees and the Stewardship Team

Donate



EFT

Annual Pledge

Zoom Video Conferencing Training is available for your current



UUCQC OFFICE HOURS

Monday - Friday 9:00 AM - 1:00 PM

Nichole (office@uucqc.org)

563.359.0816

REV. JAY WOLIN

Call 563.359.0816 or email minister@uucqc.org

UU NEWS Submission Deadline:

Every Wednesday at 10 AM. No exceptions.

office@uucqc.org

Unitarian Universalist Congregation of the Quad Cities

www.uucqc.org



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