



## March 15, 2015 Silent Announcements

Unitarian Universalist Congregation of the Quad  
Cities  
3707 Eastern Avenue, Davenport, IA. 52807  
uucqc.org or like us on Facebook at face-  
book.com/uucqc

If you are a first time guest today we're happy you joined us. If you would like to receive our newsletter or emails to inform you of upcoming events please fill out the white information sheet on the visitor's table (one with dark green cloth) in the gathering space.

Sunday services

### The Integral Vision and Approach

March 15, 10 & 11:15 a.m. — Thia Sadlek, Lay Worship Leader

I invite you to come and stretch your vision of what may be possible for you and our world with American philosopher Ken Wilber's Integral Vision and Approach. It holds the amazing potential to not only help you personally evolve but to also help solve the most serious and complex problems facing humanity today.

### The Road to Damascus

March 22, 10 & 11:15 a.m. — Rev. Jay Wolin

Paul of Tarsus has been called the creator of Christianity. What was his experience on the road to Damascus that caused him to stop his persecution of Christians and instead support and help grow Christianity?

## March Forums at 10 a.m.

History and stories from De La Cerda House — Kristen Hampton

**March 15:** Kristen Hampton, Executive Director of Rock Island's DeLaCerde House, works to provide housing, advocacy services and intensive case management for persons living with HIV/AIDS and other special needs.

Impact of Mental Health on Incarceration Rates — Judith Collins

**March 22:** Judith is a nurse Practitioner in the area of mental health.



## Exploring World Religions class

The next Exploring World Religions class will be Monday, March 16 from 6:30-8 p.m.

Rev. Jay Wolin will be on the WHBF morning show at about 6 a.m. to talk about the class. Be sure to tune in and then come to class!



## Pastoral Care Associate Ministry

Congregation members, Friends, and anyone in a position of a caregiver is invited to the 5th Annual Illinois and Iowa Quad City Family Caregiver Conference. It is Saturday, **March 14** from 8 a.m. to noon. It is FREE and there is no registration necessary. It is being held at the Waterfront Convention Center, 2021 State St. in Bettendorf.

The conference will feature two keynote speakers, as well as exhibitors, information and refreshments. More information can be found at <http://www.wiaaa.org/docs/flyer.pdf>.

## Earth-based Traditions

The Earth-based Traditions team will host an Ostara Celebration on Saturday, March 21 at 5:30 p.m. at the UUCQC, 3707 Eastern Ave., Davenport, Iowa. The one hour celebration will be followed by a potluck and conversation. Please bring a dish to pass. Child care is available by calling the office at least 48 hours in advance, 563-359-0816.

Email [lanasue60@msn.com](mailto:lanasue60@msn.com) or call Lana Long at 563-940-2302 for more information.



## Youth Religious Education



Kid's JUUice House & Silent Auction

Sunday, March 29

Sign up & donations accepted NOW!

► **Sign up** to share a talent during the show. **This builds confidence and showcases their talents/hobbies/who they are!** You can sign up by emailing Sarah Moulton or there are sign up sheets throughout the congregation.

► **Donate** gently used items for the silent auction. You can bring them to church and I'll store them until the event. Anything that is not bid on will be returned to you (upon request) or we'll donate them to the Sisters of Humility Housing. Profits will go to support Religious Education. Profits will go to support the Youth Group trip to the national UU conference, General Assembly, in June

► **JUUice House Planning Committee** — Share your ideas of how we can make this the best year yet **and gain leadership skills**

# UUCQC Weekly Agenda

<b>Fri Mar 13</b>	11:00am – 12:00pm	☐ <a href="#">YOGA - UUCQC</a> ☐
<b>Sat Mar 14</b>	9:30am – 11:30am	☐ <a href="#">YOGA - UUCQC</a> ☐
<b>Sun Mar 15</b>	10:00am – 11:00am	☐ <a href="#">1st Service with Words For All Ages - UUCQC</a> ☐
	10:00am – 11:00am	☐ <a href="#">Forum - UUCQC</a> ☐
	10:15am – 11:15am	☐ <a href="#">Children's Religious Education Program - UUCQC</a> ☐
	11:00am – 12:00pm	☐ <a href="#">Coffee - UUCQC</a> ☐
	11:15am – 12:00pm	☐ <a href="#">Second Service (45 minute service) - UUCQC</a> ☐
	12:00pm – 1:00pm	☐ <a href="#">Coffee - UUCQC</a> ☐
<b>Mon Mar 16</b>	9:00am – 10:00am	☐ <a href="#">Yoga with Kathleen - UUCQC</a> ☐
	11:00am – 12:00pm	☐ <a href="#">YOGA - UUCQC</a> ☐
	6:15pm – 6:30pm	☐ <a href="#">busy</a>
	6:30pm – 8:00pm	☐ <a href="#">Exploring World Religions-Judaism, Part I - Unitarian Church, 3707 Eastern Avenue, Davenport,</a>
	7:00pm – 8:00pm	☐ <a href="#">Zen Meditation - UUCQC</a> ☐
	8:00pm – 8:15pm	☐ <a href="#">Meeting Clean-up - UUCQC</a> ☐
<b>Tue Mar 17</b>	11:00am – 12:00pm	☐ <a href="#">YOGA - UUCQC</a> ☐
	5:30pm – 6:30pm	☐ <a href="#">MINDFULNESS MEDITATION - UUCQC</a> ☐
	6:30pm – 9:00pm	☐ <a href="#">Board Meeting - UUCQC</a> ☐
	6:45pm – 8:15pm	☐ <a href="#">Spiritual Conversation - UUCQC</a> ☐
<b>Wed Mar 18</b>	9:00am – 10:00am	☐ <a href="#">YOGA - UUCQC</a> ☐
	5:45pm – 6:45pm	☐ <a href="#">Choir Practice - UUCQC</a> ☐
	6:45pm – 8:15pm	☐ <a href="#">Spiritual Practices &amp; Programs - Unitarian Church, 3707 Eastern Avenue, Davenport,</a>
	7:00pm – 8:00pm	☐ <a href="#">Chime Choir - UUCQC</a> ☐
<b>Thu Mar 19</b>	9:00am – 10:00am	☐ <a href="#">YOGA - UUCQC</a> ☐
	10:00am – 1:30pm	☐ <a href="#">Archives - Unitarian Church, 3707 Eastern Ave, Davenport, IA</a> ☐
	4:30pm – 6:00pm	☐ <a href="#">Stewardship Meeting - UUCQC</a> ☐
	5:30pm – 6:30pm	☐ <a href="#">YOGA - UUCQC</a> ☐
<b>Fri Mar 20</b>	11:00am – 12:00pm	☐ <a href="#">YOGA - UUCQC</a> ☐
	5:30pm – 7:00pm	☐ <a href="#">New Member Potluck - Lounge &amp; Social Hall</a>
<b>Sat Mar 21</b>	9:30am – 11:30am	☐ <a href="#">YOGA - UUCQC</a> ☐
	5:30pm – 8:00pm	☐ <a href="#">Earth Based Traditions Team - Unitarian Church, 3707 Eastern Ave, Davenport, IA</a>
	6:00pm – 8:00pm	☐ <a href="#">Circle Supper</a> ☐

## MidAmerica Region Assembly 2015



It's time to register for the MidAmerica Regional Assembly, a weekend long gathering of UUs. You'll hear from great speakers, participate in thought-provoking workshops, and meet and mingle with UUs from all over the Region. Regional Assembly is April 17-19 in Naperville, Illinois — just outside of Chicago. Go to [midamericauua.org/RA](http://midamericauua.org/RA) to see all the exciting events and register. Youth are welcome. Childcare is offered. Limited partial scholarships are available. Hotel rooms are available at a group rate, too! Deadline to register at the early bird discount is **March 15**.