

Subject: Trivia, More Turkeys, Aubrey, & Mystery Links!
From: "Dennis J. Darland" <thethinker@dennisdarland.com>
Date: 11/23/2017 9:41 AM
To: bones bones <bonesbonesbones@dennisdarland.com>

1868 – 2018



UUCQC

Celebrating 150 years
Many beliefs. One faith.

UU News 26 November, 2017

Your weekly UU News lets you see at a glance upcoming events
at the Unitarian Universalist Congregation of the Quad Cities.

(Note: This is only a partial list of upcoming events at UUCQC.
A full calendar can be found at uucqc.org.)

This Sunday
Next Sunday
Office News
Welcome, Aubrey!
Stocking Stuffers Drive
Trivia Night
Annual Thanksgiving Luncheon
A Musical December
Mindfulness Video Series

150th Anniversary
WoW
Trivia Night!

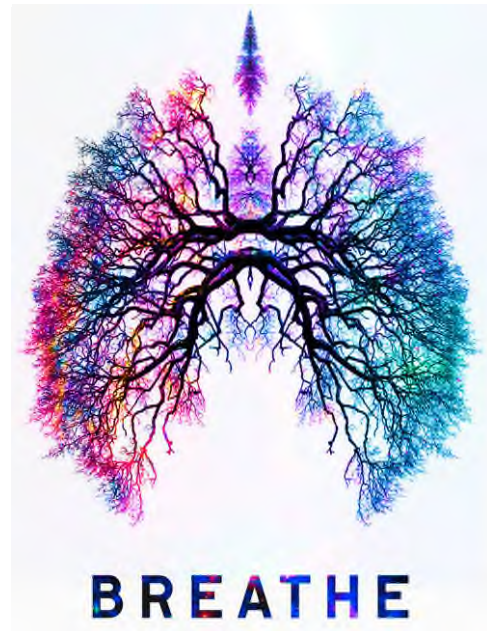
This Sunday

November 26

10 a.m.
Service
Breathe

Thia Sadlek & Kathy Bowman

A focus on breathing is a common meditation practice, and a significant part of many world religions. Breathe is also a symbolic representation of the duality of taking in and giving out, whether that is energy, life, love, or the holy. It is one of the most basic elements of all life, often unconscious to us, but essential to our very existence. This week Thia & Kathy of the RST Team will explore something so basic that we often forget we are doing it: breathing. Breathing as an act, both commonplace and vital, but also as a symbol of how we might view our role in the world, one in which we take in from the world and then let back out to the world.



No Forum Sunday, November 26

IMPORTANT Youth RE News

Important Religious Education Information:

**** Please remember that you are responsible for your children and they should be sitting with parents/guardians at the beginning of the service****



Festival of Lights December 2nd

This annual holiday event, formerly known as Hanging of the Greens, will be on Saturday,

December 2nd. **Please join us for a festive evening including singing of carols in the sanctuary and a visit from Santa. We will be making enchilada casseroles. Please bring a salad or dessert to share.**

Schedule of events:

- 4:00 Crafts for the children in the social hall
- 5:00 Potluck dinner
- 5:30 singing of Christmas carols in the sanctuary
- 6:00 visit from Santa

Join us for all or part of the events.

We could use a few people to volunteer to hang the lights upstairs and decorate. The tree will be set up and decorated earlier in the day. We also need people to volunteer to clean up and do dishes.

Thanks,
Melanie Landa RE team member 563-320-6106

Next Sunday

November 19

10 a.m.
Service
Lady of Germania
Mike Wilcox

The ministry of Joseph A. Kyle-1914 to 1917.

The Unitarian Universalist Congregation of the Quad Cities will be marking its 150th year anniversary next year. As part of that

celebration this service will look back to remember the ministry of Joseph A. Kyle. Reverend Kyle's ministry was marked by a strong stand against World War 1 and the demonization of German Americans. Michael Wilcox of the Religious Services Team will take you back to that time in our congregation's and community's history to reflect upon his ministry.



Forum





9 a.m. in the Community Room Prairie Lights Bookstore

Iowa City's own Prairie Lights Bookstore
Pop-Up Shop!

[Visit their website](#)

Welcome!

Director of Religious Education

The Unitarian Universalist Congregation of the Quad Cities is pleased to welcome Aubrey Ryan to the team! Aubrey will be filling the role of Director of Religious Education. She was raised in this congregation and now, along with her husband, Marty Schiltz, raises their sons here. Please stop and congratulate Aubrey this Sunday!

Aubrey can be reached at re@uucqc.org



Youth Religious Education





Beginning November 5th!

We'll begin collecting donations for Sisters of Humility Housing on November 5th. Please consider donating items to fill stockings for kids in need, baby-teen, to help brighten their holidays. Mac McDonald is taking the lead on this project this year. Please contact her with any question or to donate.

[Email Mac](#) or call (563)355-6690

1. Warm socks are definitely welcomed
2. The organization would like to collect 175 20\$ gift cards specifically from Dollar Tree Stores because several of the stores are located along bus routes and therefore easily accessible to their clients.

55 youth

| Age | Girls | Boys |
|-------|-------|------|
| 0-5 | 8 | 3 |
| 6-12 | 18 | 12 |
| 13-18 | 8 | 7 |
| 19+ | 1 | |

3 newborn girls

Kids of all ages love bath toys! Bath crayons, bath color pellets, foam soap, roll-on soap, rubber ducks, etc. are stocking stuffer staples in my house :) Duplos/Legos are another great option! The small builder sets can be found for around \$5 each :)

Hip things for 6-12 year olds: Legos (always), Minecraft, Lego Ninjago, Roblox, Five Nights at Freddy's, My Little Pony, Monster High, Ever After High, Barbie, etc. Kids this age are really into Blind Boxes, too! You can get them for less than \$4 at Target in the trading card section.

Teenagers can be difficult to shop for! Here are some ideas from Amanda's teenage daughter :)

Gift cards (movies, iTunes, Target, Visa), bath bombs, make-up brushes, aftershave, DVDs, earbuds, nail polish, bullet journals, colorful pens, fuzzy socks, travel-sized perfumes & colognes, gum & candy...

I spend a lot of my time thinking about stocking stuffers. Call with questions :)

Amanda

Notes From the Office

From Reverend Jay

VACATION: Jay will be on vacation from Wednesday, November 22 through Wednesday, December 5.



OFFICE HOURS: When Jay returns from vacation, he will discontinue his Wednesday office hours at Fresh Deli. These hours will resume in the spring. Jay's new schedule will be:

Monday- Off
Tuesday-Thurs 2-5
Friday- Writing Day

From Amanda

I have something! My email address is office@uucqc.org. Up until this week, messages sent to administrator@uucqc.org & communications@uucqc.org have been forwarded to my office account. **THESE ADDRESSES WILL NO LONGER FORWARD TO MY EMAIL ADDRESS!** Please use office@uucqc.org from here on! Thank you!

????Mystery Link????

???New Mystery Link!???

Cheers!

Annual Thanksgiving Luncheon

We are looking forward to having you join us for the Thanksgiving Day Luncheon! We are gathering at 12 and eating at 1 p.m. Come enjoy the smell of turkeys roasting. Come see the scrumptious side dishes you & your friends brought to share. Come choose a seat at a festively decorated table- or bring your own favorite centerpiece!

Clean-up volunteers will appreciate you bringing your own place setting & utensils.

Now, I've heard a rumor that there may be entertainment! Come be surprised! You may wish to

join in :)

Happy Thanksgiving!
From the Thanksgiving Task Force



**Join members of your UUCQC family for our annual
Thanksgiving Luncheon
On Thursday, the 23rd of November
Gathering time begins at 12 Noon
Luncheon served at 1 p.m.**

**UUCQC provides turkeys, ham, & coffee.
Please bring a side dish to pass.**

**To cut down on volunteer clean-up,
please bring your own table setting.**



Music Team



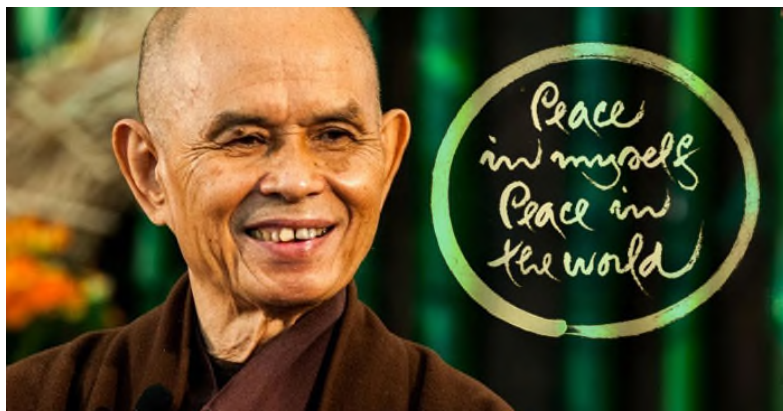
A Musical December

The holiday season and music certainly go together!

- The Hanging of the Greens will be from 4:00 to 6:00 on December 2nd. It will include a Christmas Carol sing-a-long and food.
- The children will perform "The Best Christmas Pageant Ever" by Barbara Robinson for the December 17th service.
- The traditional Solstice Service on December 20th always includes special music. It begins at 6:30.
- Finally, please plan on attending the Christmas Eve service on December 24th at 5:00 where we always sing traditional holiday music and close with Silent Night by candlelight. It is followed by cookies and treats.

[One of Amanda's Favorite Winter Songs](#)

Spiritual Practices & Programs



**Mindfulness
Video Series**
**"Body and
Mind Are
One"**
*"Freeing
Ourselves from*



Notions: Touching Nirvana."

This year we want to welcome all,

including families with children. In the first 20 minutes of each DVD, Hahn speaks to the children (powerful words for adults and educators, too). Then the children will be dismissed to participate in other mindfulness activities, including yoga with Becky and stories and crafts with Joyce so the adults can remain to view the rest of the DVD.

Miss one??? No problem! Drop-in any time, as these videos stand alone! And each event is completely FREE!

These are very simple yet deep talks given by Thich Nhat Hanh

"Zen Master Thich Nhat Hanh is a global spiritual leader, poet and peace activist, revered throughout the world for his powerful teachings and bestselling writings on mindfulness and peace. His key teaching is that, through mindfulness, we can learn to live happily in the present moment -- the only way to truly develop peace, both in one's self and in the world."- Plum Village

Childcare will be provided :)

[Text Link](#)

W.O.W.

Thursday, December 7
11:30 a.m.

Time for another WOW lunch. All are welcome to gather at the Captains Table, [4801 River Drive](#) in Moline, for lunch and conversation.



[Here's the menu!](#)

Trivia Night!



UUCQC TRIVIA NIGHT

1001010010101 SATURDAY DEC. 9 011010010101
011011001010UUCQC SOCIAL HALL11011000101
0110103707 EASTERN AVE. , DAVENPORT110011
10110110010 DOORS OPEN AT 600101001101011
001001110101GAME BEGINS AT 7011001011010
1011101\$10 A PERSON/TABLES OF 81100101101
110CALL (563)359-0816 TO RESERVE YOURS011
1011011OR EMAIL OFFICE@UUCQC.ORG10110101

ALL PROCEEDS BENEFIT THE UNITARIAN UNIVERSALIST CONGREGATION OF THE QUAD CITIES

Website Updates

History Highlights

The Order of Service Inserts for October have been added to the website! Thanks again to Ann for all of her hard work in making these available online!

This month's authors were Ann H., Linda G., Barb T., John D. for writing this month's snippets of history :)



Highlights of 150 Years

Office Hours

UUCQC Office Hours:

Monday-Friday, 9 a.m. - noon (or by appointment)
Amanda (office@uucqc.org)
563-359-0816

Rev. Jay Office Hours:

Monday Off, Tuesday 2-5, Wednesday 2-5, Thursday 2-5,
Friday Writing Day
Call 563-359-0816 or email minister@uucqc.org.

UU News submission deadline:
Every Wednesday at 10 a.m.
Email office@uucqc.org

Unitarian Universalist Congregation of the Quad Cities

uucqc.org | 563-359-0816 | office@uucqc.org

STAY CONNECTED:



Unitarian Universalist Congregation of the Quad Cities,
3707 Eastern Avenue, Davenport, IA 52807

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